Our sacred reading this week comes from Seven Thousand Ways to Listen, by Mark Nepo.

How do we begin...to inhabit our destiny of being here? I believe it starts with reverence and listening, with honoring every bit of life we encounter. So at the deepest level, when I say I honor you, this means that, when I become conscious or aware of you, I make a commitment to keep that truth visible from that moment forward. To honor you means that what I've learned about you becomes part of our geography. It means that what has become visible and true will not become invisible again.

To honor myself, then, means that, as I grow, I will not ignore or hide the parts of my soul and humanness that become more present in me and the world. To honor myself means that I will not let the truth of my being become invisible again.

To honor God means that we vow to keep all that we become aware of in view; that we will not pretend to be ignorant of things we know to be true or holy. And if we forget...we will stay devoted to retrieving the ever-present sense of the sacred.

1/28/24 Sunday Reading



